

Using Lego to assess executive functioning and communication skills in an in patient adult mental health centre

Jody Dennis

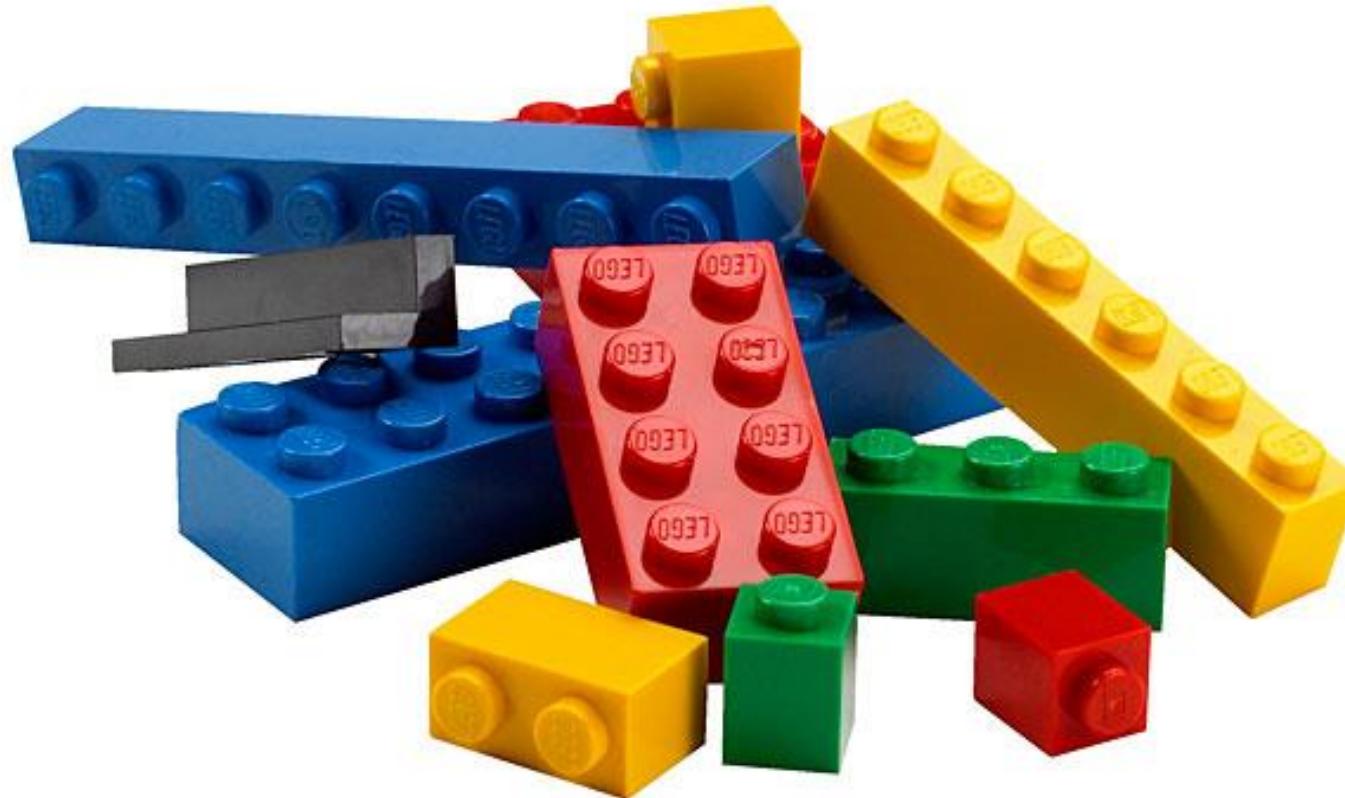
Betsey Walker

Takeaway from this workshop

- Lego therapy background
- Resources to set up a Lego therapy group
- Experience of participating in a Lego therapy session
- Knowledge of how to facilitate a Lego therapy session
- Ideas for assessing skills



Brief History of Lego Therapy



How we are using Lego Therapy



Assessments

- Assessment of communication and interaction skills (ACIS)
- Comprehensive occupational therapy evaluation scale (COTES)
- Single observation model of human occupation screening tool
- Volitional questionnaire (VQ)
- Activity Participation Outcome Measure (APOM)



Planner

Job role:

- Checks the instructions
- Tells the finder which bricks to find
- Tells the builder where to put the bricks
- Cannot touch the bricks



Finder

Job Role

- Listens to the instructions from the planner
- Finds the bricks
- Gives the bricks to the builder
- Cannot build the bricks or see the instructions



Builder

Job Role:

- Given bricks by the finder
- Listens to the instructions from the planner
- Builds the model
- Cannot find the bricks or see the instructions



Your Turn!



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What was that like?



Service Benefits.....So What?

- Engagement in Therapy
- Opportunities to build relationships
- Assessment opportunity
- Can support engagement in further group therapy – getting ready for a group
- Low maintenance group (planning and preparation)



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References

- LeGoff,D.B. and Gomez De La Cuesta,G. (2014). *Lego based therapy: How to build social competences through Lego based clubs for children with autism and related conditions*. London: Jessica Kingsley Publishers.

Questions??

